

- ✔ Chat with caring Pyx Health staff for support and encouragement
- ✔ Get connected to community resources
- ✔ Improve mood, anxiety, motivation and more
- ✔ Find resources to help your mental and physical health



Support Center hours:
Monday - Friday, 8am - 8pm
PyxHealth.com

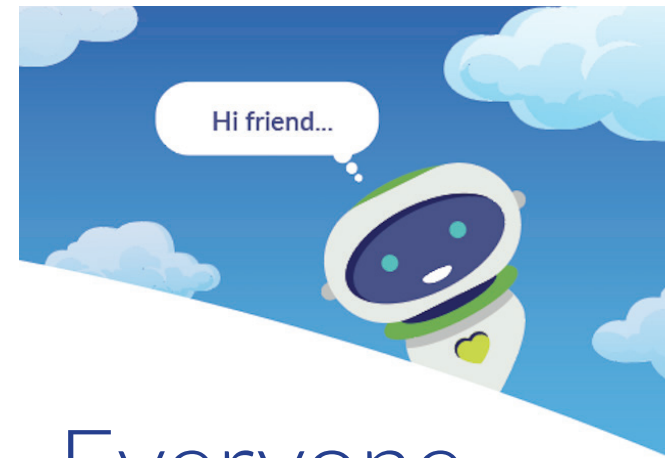


Download the Pyx Health app on your smart phone or tablet. You can also sign up by phone 1-855-499-4777 (TTY: 711)



“ I’m so happy you called.
Thank you for being here
and providing support. ”

- Pyx Health member, WI



Everyone can use a little extra support...

Friendly mentors and easy app support you with compassion and practical help



Pyx Health works with Lakeland Care to help support you for a happier and healthier life!

Sometimes life is challenging. It can be hard to stay healthy and feel good. That's why we're bringing our members the optional Pyx Health support at no cost.

Pyx Health makes it easy to connect to **the right support when you need it**. You can use the Pyx Health app at any time, 24 hours a day. Along with your care team, Pyx Health can help you feel connected and heard!



Trained mentors are there for you with empathy, guidance, resource navigation, or to just listen. You can talk over the phone or direct message.



The **mobile app** gives you 24/7 access to help lines, community resources, and activities to help you deal with stress, anxiety, motivation and more.



The **friendly chatbot** is there for you day and night with positive support and helpful tips.

Register with your name, phone number, birthday, and an email address. When prompted, enter your Medicaid number.



Explore and start using the helpful features.

- *Talk or message/text/direct message with our caring support staff*
- *Find community resources and help lines*
- *Chat with our friendly and supportive chatbot 24/7*
- *Find helpful, engaging activities and games*



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